

INTERNATIONAL POWERLIFTING FEDERATION
Commonwealth Equipped Men, Potch (South-Africa), 11-17.09.2017
DETAILED SCORESHEET

PL.	Lifters	B.Date	Team	Weight	WF	Lot	All Squat				All Bench Press				All Deadlift				TOTAL	W.pts.	Pts.
Open																					
-59kg																					
1	Vignesh Kumar	01.01.90	IN	57.90	0.8816	3	125.0	165.0	185.0	1	97.5	117.5	125.0	2	130.0	180.0	190.0	1	500.0	440.80	12
2	Namdev Pratik	01.01.92	IN	56.76	0.8985	4	160.0	~~170.0~~	170.0	2	107.5	~~125.0~~	125.0	1	130.0	170.0	180.0	2	475.0	426.79	9
-66kg																					
1	Yavuz Akin	01.01.93	ENG	66.00	0.7852	11	180.0	192.5	200.0	1	~~112.5~~	112.5	~~120.0~~	1	210.0	~~225.0~~	225.0	1	537.5	422.05	12
2	Ilango M	01.01.92	IN	59.70	0.8568	10	130.0	190.0	~~200.0~~	2	70.0	~~110.0~~	110.0	2	130.0	190.0	210.0	2	510.0	436.97	9
-83kg																					
1	Vishwanatha B	01.09.91	IN	83.00	0.6675	23	270.0	~~285.0~~	~~285.0~~	1	145.0	~~155.0~~	155.0	2	280.0	302.5	~~307.5~~	1	727.5	485.61	12
2	Acharya Pradeep Kumar	01.01.92	IN	81.70	0.6739	22	260.0	~~270.0~~	~~270.0~~	2	180.0	187.5	195.0	1	240.0	255.0	~~275.0~~	2	710.0	478.47	9
—	Singh Jaspreet	20.04.89	IN	81.65	0.6741	24	~~270.0~~	~~270.0~~	~~270.0~~	—	~~170.0~~	X	X	—	~~245.0~~	X	X	—	DSQ	—	—
-93kg																					
1	Raj Bakkiya	01.01.92	IN	91.45	0.6333	29	220.0	240.0	252.5	1	~~130.0~~	130.0	142.5	2	230.0	245.0	257.5	1	652.5	413.23	12
2	Kodikara a.m.d	01.01.90	SL	91.40	0.6335	30	235.0	245.0	~~255.0~~	2	140.0	155.0	162.5	1	225.0	235.0	242.5	2	650.0	411.77	9
-105kg																					
1	Paranagama Indika	16.02.86	SL	102.85	0.6020	36	240.0	260.0	280.0	1	150.0	165.0	175.0	1	250.0	265.0	~~280.0~~	2	720.0	433.44	12
2	Vincent Melvin	01.01.92	IN	102.90	0.6019	37	270.0	~~290.0~~	~~290.0~~	2	150.0	160.0	165.0	2	260.0	272.5	~~302.5~~	1	707.5	425.84	9
-120kg																					
1	Maritz Francois	01.01.93	SA	114.80	0.5813	42	340.0	360.0	380.0	1	210.0	220.0	~~230.0~~	1	290.0	300.0	~~310.0~~	2	900.0	523.17	12
2	Jayathilaka D.K.R	15.12.86	SL	118.40	0.5768	41	285.0	300.0	305.0	2	145.0	160.0	167.5	2	310.0	320.0	~~327.5~~	1	792.5	457.11	9
120+kg																					
1	Herbst Mathys	01.01.83	SA	149.70	0.5535	47	345.0	355.0	X	1	~~240.0~~	~~240.0~~	240.0	1	300.0	310.0	X	1	905.0	500.92	12
2	Weerasinghe Darin	13.03.83	SL	121.90	0.5729	45	200.0	210.0	225.0	2	~~200.0~~	200.0	~~205.0~~	2	210.0	225.0	240.0	2	665.0	380.98	9
3	Pardeep Malik	01.10.82	IN	130.30	0.5654	46	~~175.0~~	~~185.0~~	185.0	3	~~165.0~~	165.0	180.0	3	175.0	200.0	X	3	565.0	319.45	8

Nation (points)

1	India	54	[12+12+12+9+9]	2255.07 w.pts.
2	Sri Lanka	39	[12+9+9+9]	1683.31 w.pts.
3	South-Africa	24	[12+12]	1024.09 w.pts.
4	England	12	[12]	422.05 w.pts.

Best Lifters of Open

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Maritz Francois	South-Africa	114.80	0.5813	900.0	523.17	1
2	Herbst Mathys	South-Africa	149.70	0.5535	905.0	500.92	1
3	Vishwanatha B	India	83.00	0.6675	727.5	485.61	1

Sub-Juniors

-59kg																					
1	Soni Mihir	01.01.99	IN	57.80	0.8830	2	160.0	~~170.0~~	170.0	1	70.0	80.0	~~85.0~~	1	170.0	~~187.5~~	~~187.5~~	1	420.0	370.86	12
-66kg																					
1	Matheshwaran P	01.01.99	IN	63.80	0.8078	9	90.0	100.0	107.5	1	40.0	60.0	~~70.0~~	2	100.0	125.0	140.0	1	307.5	248.40	12
2	Singh Gurpreet	01.01.90	IN	64.00	0.8057	8	80.0	~~115.0~~	~~115.0~~	2	~~55.0~~	75.0	~~80.0~~	1	80.0	135.0	~~150.0~~	2	290.0	233.65	9
-83kg																					
1	Singh Manjit	01.01.99	IN	80.85	0.6782	21	~~140.0~~	140.0	~~150.0~~	1	90.0	~~100.0~~	100.0	1	160.0	180.0	200.0	1	440.0	298.41	12
2	Singh Sukhpal	01.01.99	IN	81.45	0.6751	20	~~110.0~~	110.0	~~130.0~~	2	~~50.0~~	50.0	60.0	2	80.0	120.0	~~150.0~~	2	290.0	195.78	9
-120kg																					
1	Pasa Israr	01.01.99	IN	111.40	0.5863	40	185.0	~~190.0~~	~~190.0~~	1	~~115.0~~	115.0	120.0	1	150.0	180.0	192.5	1	497.5	291.68	12
120+kg																					
1	Khule Pranav	01.01.99	IN	122.70	0.5721	44	180.0	190.0	X	1	85.0	100.0	110.0	1	170.0	190.0	200.0	1	500.0	286.05	12

Nation (points)

1	India	60	[12+12+12+12+12]	1495.40 w.pts.
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Best Lifters of Subjuniors

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Soni Mihir	India	57.80	0.8830	420.0	370.86	1
2	Singh Manjit	India	80.85	0.6782	440.0	298.41	1
3	Pasa Israr	India	111.40	0.5863	497.5	291.68	1

Juniors

-66kg																					
1	Vorster Marcel	01.01.94	SA	65.75	0.7877	7	220.0	232.5	242.5	1	165.0	173.0	~~177.5~~	1	190.0	~~205.0~~	~~205.0~~	1	605.5	476.95	12
-74kg																					
1	Palansamy Barath	01.01.94	IN	66.82	0.7773	14	110.0	130.0	150.0	1	70.0	85.0	95.0	1	130.0	180.0	~~200.0~~	1	425.0	330.35	12
-83kg																					
1	Dilhara K.K.H	25.06.94	SL	83.00	0.6675	18	220.0	~~235.0~~	235.0	1	120.0	125.0	130.0	1	200.0	210.0	225.0	2	590.0	393.82	12
2	Singh Mandeep	01.01.90	IN	77.90	0.6945	19	150.0	170.0	200.0	2	100.0	110.0	120.0	2	170.0	190.0	220.0	3	540.0	375.03	9
3	Manikanandan T	01.01.94	IN	82.25	0.6711	17	120.0	145.0	175.0	3	60.0	100.0	~~105.0~~	3	130.0	190.0	232.5	1	507.5	340.58	8
-93kg																					
1	Prabu Venkatesa	01.01.94	IN	89.20	0.6413	27	150.0	200.0	220.0	1	90.0	115.0	120.0	1	180.0	220.0	245.0	1	585.0	375.16	12
2	Koustabh Ghosh	01.01.95	IN	89.95	0.6386	28	160.0	185.0	~~195.0~~	2	100.0	110.0	~~115.0~~	2	180.0	205.0	215.0	2	510.0	325.69	9
-105kg																					
1	Smith Adrian	01.01.95	SA	97.55	0.6148	34	~~270.0~~	270.0	~~285.0~~	1	180.0	190.0	200.0	1	200.0	220.0	242.5	2	712.5	438.05	12
2	Shankar Ravi	01.01.95	IN	99.40	0.6101	35	160.0	200.0	~~240.0~~	2	80.0	120.0	140.0	2	210.0	240.0	250.0	1	590.0	359.96	9
120+kg																					
1	Khatri Ankit	01.01.94	IN	131.90	0.5642	43	200.0	X	X	1	120.0	130.0	140.0	1	200.0	~~230.0~~	~~230.0~~	1	540.0	304.67	12

Nation (points)

1	India	54	[12+12+12+9+9]	1745.17 w.pts.
2	South-Africa	24	[12+12]	915.00 w.pts.
3	Sri Lanka	12	[12]	393.83 w.pts.

Best Lifters of Juniors

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Vorster Marcel	South-Africa	65.75	0.7877	605.5	476.95	1
2	Smith Adrian	South-Africa	97.55	0.6148	712.5	438.05	1
3	Dilhara K.K.H	Sri Lanka	83.00	0.6675	590.0	393.83	1

Masters 1

-66kg																					
1	Rajn Sharna	13.08.69	IN	62.20	0.8258	5	125.0	132.5	X	1	80.0	100.0	110.0	1	135.0	140.0	X	1	382.5	315.87	12
-74kg																					
1	Ramakrishnan R	01.01.75	IN	72.60	0.7293	13	100.0	120.0	140.0	1	60.0	100.0	~~110.0~~	1	130.0	170.0	190.0	1	430.0	313.60	12
-83kg																					
1	Mandia Anand	01.01.71	IN	82.45	0.6701	16	170.0	185.0	195.0	1	135.0	145.0	~~157.5~~	1	180.0	200.0	X	1	540.0	361.85	12
2	Nallaka Seshagiri Rao	01.01.68	IN	81.75	0.6736	15	~~140.0~~	140.0	150.0	2	60.0	70.0	80.0	2	160.0	170.0	180.0	2	410.0	276.18	9
-93kg																					
1	Mohit Suri	01.01.74	IN	85.65	0.6555	26	75.0	85.0	95.0	1	90.0	95.0	105.0	1	90.0	105.0	115.0	1	315.0	206.48	12
-105kg																					
1	Janardan Sujay	01.01.71	IN	97.25	0.6157	33	~~275.0~~	275.0	~~295.0~~	1	125.0	130.0	132.5	1	270.0	290.0	300.0	1	707.5	435.61	12
-120kg																					
1	Chawla Neeraj	01.01.71	IN	112.20	0.5850	38	190.0	210.0	~~240.0~~	1	140.0	175.0	190.0	1	160.0	200.0	250.0	2	650.0	380.25	12
—	Davies Dylan	27.05.71	WS	119.50	0.5755	39	~~240.0~~	~~240.0~~	~~240.0~~	—	160.0	~~170.0~~	~~177.5~~	2	240.0	250.0	252.5	1	DSQ	—	—

Nation (points)

1	India	60	[12+12+12+12+12]	1697.79 w.pts.
—	Wales	—		

Best Lifters of Masters 1

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Janardan Sujay	India	97.25	0.6157	707.5	435.61	1
2	Chawla Neeraj	India	112.20	0.5850	650.0	380.25	1
3	Mandia Anand	India	82.45	0.6701	540.0	361.85	1

Masters 2																					
-66kg																					
1	Abraham Vinu	01.01.61	IN	65.85	0.7867	6	100.0	110.0	115.0	1	75.0	80.0	85.0	1	110.0	X	X	1	310.0	243.88	12
-74kg																					
1	Thakur S.P.S	01.01.61	IN	72.90	0.7271	12	145.0	~~155.0~~	155.0	1	85.0	95.0	97.5	1	155.0	165.0	170.0	1	422.5	307.20	12
-93kg																					
1	Gupta Praveen Kr	01.01.61	IN	86.30	0.6528	25	145.0	160.0	~~170.0~~	1	80.0	95.0	102.5	1	135.0	160.0	165.0	1	427.5	279.07	12
-105kg																					
1	Singh Surinder	01.01.61	IN	97.10	0.6161	32	150.0	160.0	170.0	1	105.0	~~115.0~~	117.5	1	160.0	175.0	190.0	1	477.5	294.19	12
2	Jayathilake D.U.M	20.01.60	SL	92.80	0.6288	31	110.0	130.0	X	2	80.0	90.0	~~100.0~~	2	150.0	170.0	X	2	390.0	245.23	9

Nation (points)

1	India	57	[12+12+12+12+9]	1440.21 w.pts.
2	Sri Lanka	9	[9]	245.23 w.pts.

Best Lifters of Masters 2							
Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Thakur S.P.S	India	72.90	0.7271	422.5	307.20	1
2	Singh Surinder	India	97.10	0.6161	477.5	294.19	1
3	Gupta Praveen Kr	India	86.30	0.6528	427.5	279.07	1

Masters 4																					
-59kg																					
1	Sharma Mohan Datt	01.01.43	IN	56.65	0.9002	1	60.0	70.0	~~85.0~~	1	40.0	45.0	47.5	1	80.0	95.0	100.0	1	217.5	195.79	12

Nation (points)

1	India	12	[12]	195.79 w.pts.
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Best Lifters of Masters 4							
Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Sharma Mohan Datt	India	56.65	0.9002	217.5	195.79	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.
ENG = England SA = South-Africa WS = Wales
IN = India SL = Sri Lanka